



strokefoundation

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Patron in Chief:
Her Excellency
Ms Quentin Bryce AC
Governor-General of the
Commonwealth of Australia

Patrons:
David Brownbill AM
Sir Gustav Nossal AC
Lady Southey AC

Dear Club Secretary,

The National Stroke Foundation is partnering with RSL Queensland to raise awareness about the warning signs of stroke. It is with new partnerships like these that assist us to reach our goal of saving 110,000 lives from stroke over 10 years.

Stroke is Australia's second single greatest killer and leading cause of disability. Over 60,000 people will suffer a stroke in 2010, and many lives can be saved if people know how to recognise a stroke quickly.

We would like to take this opportunity to inform you about National Stroke Week which is being held from **13 – 19 September 2010** and encourage your club's support and participation.

During National Stroke Week we aim to help all Australians remember the early warning signs of stroke using **Face, Arms, Speech and Time** to act **FAST**. Community groups are encouraged to hold a display or hold an activity that promotes the **FAST** test during the month of September. Information sessions, healthy morning teas, blood pressure testing stations, handing out **FAST** information and holding an information stall are just some of the activities done over the years.

At the end of July, we will be sending your club a Stroke Week pack that contains a sample of some of the **FAST** resources available to assist with your promotion and activities. We ask that you consider holding a display or activity during the month of September to support the campaign.

We are always looking for people who have been touched by stroke to share their story. If there are any members of your club that may have survived a stroke, we would like to hear from them. It is these personal stories that will help us to spread our message to all Australians about making themselves safe from stroke.

If you do know anyone interested in sharing their story please contact Mary Orgill (Marketing and Communications Manager) on 03 9670 1000 or morgill@strokefoundation.com.au. If you would like further information about National Stroke Week or the **FAST** campaign please contact Jasmine Sison (Project Officer, Community Based Education) on 03 9670 1000 or jsison@strokefoundation.com.au. Also enclosed is one of our stroke resources for your information.

Thank you for your support during National Stroke Week this year.

Yours sincerely,

Dr Erin Lalor
CEO
National Stroke Foundation