



## Health Care

### Information for Exercise Physiologists

#### Purpose

This fact sheet describes the procedures to become eligible to provide exercise physiology services to eligible members of the veteran community.

#### Who can provide exercise physiology services?

To provide exercise physiology services to eligible members of the veteran community you must be:

- an Accredited exercise physiologist as accredited by the Australian Association for Exercise and Sports Science (AAESS); and
- registered with Medicare Australia at the time you provide the service.

#### How do I become eligible to provide services?

You need to:

- register with AAESS;
- register with Medicare Australia; and
- complete DVA's Recipient Created Tax Invoice (RCTI) Form.

Please visit the Medicare Australia website to download and complete the "Application for an initial Medicare provider/registration number for an Allied Health Professional" Form at:

<http://www.medicareaustralia.gov.au/providers/forms/index.shtml>

You may also contact Medicare Australia on 132 150.

Even if you are not registered for GST, you must complete your details on the RCTI Form and note somewhere on the form that you are not registered for GST. If you are already registered with Medicare Australia, you still need to complete the RCTI Form.

Failure to complete the RCTI Form will result in rejection of your claims by Medicare Australia. The RCTI Form, and instructions on how to complete this form, are available from DVA's website at the following address:

[www.dva.gov.au/health/provider/provider.htm](http://www.dva.gov.au/health/provider/provider.htm)

## Information for Exercise Physiologists, *continued*

### How do I become eligible to provide services? *continued*

Once completed, please return this form to:

Medicare Australia Liaison & Contract Management.  
Department of Veterans' Affairs  
PO Box 21  
WODEN ACT 2606

Health services must be provided in accordance with DVA's Notes for Exercise Physiologists, and will be paid in accordance with DVA's Schedule of Fees. Both these documents can be downloaded from the DVA website at the address above.

### How do veterans get access to my services?

A veteran must be referred to you by one of the following:

- a Local Medical Officer (LMO)
- a general Practitioner
- a medical specialist
- a treating doctor in hospital
- a hospital discharge planner, after consultation with the veteran's LMO
- another exercise physiologist with a current referral.

A referral remains active for 12 months from the date of referral. An ongoing referral can be provided in certain circumstances for patients with a chronic condition.

### Which veterans can I treat?

If the veteran has a Repatriation Health Card – For All Conditions (*Gold Card*) you can provide exercise physiology services, upon referral, to meet any clinical need.

If the veteran has a Repatriation Health Card – For Specific Conditions (*White Card*) you can provide exercise physiology services, upon referral to meet a clinical need if DVA has accepted responsibility for treatment of this condition.

## Information for Exercise Physiologists, *continued*

### Are there any restrictions?

Yes. You must contact DVA for financial authorisation *before* commencing or continuing treatment, if you are providing:

- services to a veteran living in a residential aged care facility, where the veteran is classified as “high care” (formerly nursing home level of care); or
- services to veterans when they are in-patients in a public hospital.

### What services will I be paid for?

DVA will pay you at DVA fee rates for exercise physiology services that meet the clinical need of the veteran.

DVA does not pay for:

- health services to veterans who are not eligible for treatment; or
- services requiring prior financial authorisation where this was not obtained.

### How do I claim payment?

Send your treatment claims to:

Medicare Australia GPO Box 964  
ADELAIDE SA 5001

Telephone number for claim enquiries: 1300 550 051.

### Other fact sheets

Other fact sheets related to this topic include:

- *How to Become a DVA Health Provider: HIP 01*
- *How to Claim for Services Provided to Veterans: HIP 02*
- *Repatriation Health Card – For All Conditions (Gold): HSV 60*
- *Repatriation Health Card – For Specific Conditions (White): HSV 61*
- *United Kingdom Veterans: HSV 62*
- *Other Commonwealth and Allied Veterans (excluding United Kingdom): HSV 63*
- *Commonwealth Seniors Health Card: IS 126*
- *About Veterans’ Home Care: HCS 01*
- *Your rights and responsibilities: HCS 04*
- *Domestic Assistance: HCS 06*
- *Home and Garden Maintenance: HCS 07*

## Information for Exercise Physiologists, *continued*

### Other fact sheets *continued*

- *Personal Care: HCS 08*
- *Aged Care – Carer Support Programs: HSV 40*

### More information

All DVA fact sheets are available on request from any DVA office or on the DVA web site at [www.dva.gov.au/factsheets/default.htm](http://www.dva.gov.au/factsheets/default.htm).

If you need more information about this topic, contact your nearest DVA office or visit the DVA web site at [www.dva.gov.au](http://www.dva.gov.au).

You can telephone DVA for the cost of a local call\* on the numbers listed below:

#### Health Providers

- **Metro** 1300 550 457
- **Non-metro** 1800 550 457

#### Transport Bookings

- **Metro** 1300 550 455
- **Non-metro** 1800 550 455

#### Veterans' Affairs Pharmaceutical Advisory Centre (VAPAC)

1800 552 580

#### General Enquiries (Veterans Only)

**133 254**

Connects callers from anywhere to their capital city State office.

*Note:* \* If you use a mobile phone, calls may be more costly. You are advised to use a normal phone (i.e. a landline phone) when ringing these numbers.

You may also refer to the *Notes for Exercise Physiologists*.