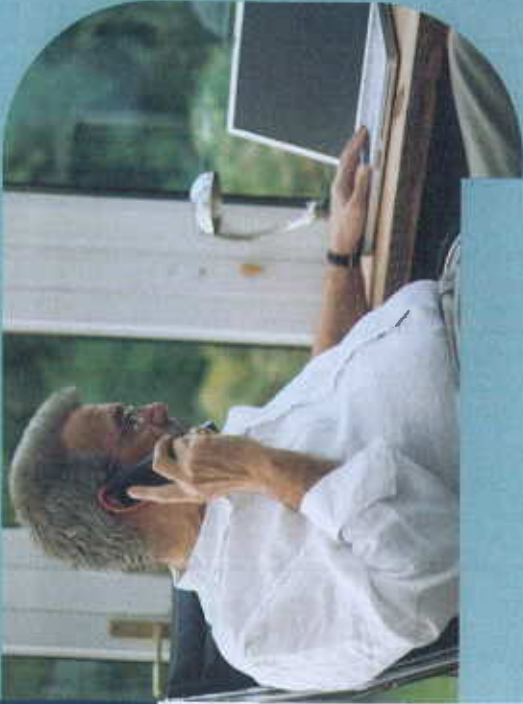


Why touchbase?

- Get help in civilian life
- Connect with your ex-service community
- Read interesting stories
- Partners and family can get help

Who is touchbase for?

- Transitioning members
- Recent and long term separated members
- Former ADF personnel
- Former peacekeepers
- Veterans
- Partners and families



touchbase.

www.touchbase.gov.au



Australian Government
Department of Defence

Department of Veterans' Affairs

touchbase.

Out of the Service,
but still in touch.



Z00 42455

You may be out of the ADF, but you can still stay in touch.

touchbase is a handy online resource that provides useful information and links to resources that can help you and your family.

Whether you've just separated or you've been away from the ADF for a long time, **touchbase** can help.



Receive **touchbase** e-newsletter

Sign up to receive the **touchbase** e-newsletter.

The news is written especially for the ex-service community, covering topics and people that are of interest to you and your family.

Partners welcome

Partners and families of ex-service members are welcome to visit the **touchbase** website and to subscribe to the e-newsletter.

You may be seeking information about buying a house, finding a sports club for the kids or you may have concerns about your partner's wellbeing and want to know where to turn for help.

Whatever your interests, you're sure to find something interesting and useful on the website.

Online hub for links and resources on:

- Careers and jobs
- Sports and fitness
- Entertainment, hobbies and interests
- Finances and taxes
- Benefits and entitlements
- Mental health information
- Family interests
- Kids' stuff
- Government agencies